

ABSTRACT

Thesis Title : The Development of Training Curriculum on
Mental Health Promotion for Locomotive
Disadvantage Persons and Disabled Amputees

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Deegree Sought : Master of Education

Major : Curriculum and Instruction Academic Year 1997

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The purpose of this research was to develop a training curriculum on mental health promotion for locomotive disadvantage persons and disabled amputees. The research was divided into four steps : 1) to study the fundamental data for curriculum development by reviewing the documents and related research reports, interviewing the experts and surveying the information concerning problems, and mental health of the locomotive disadvantage persons and disabled amputees' problem. 2) to construct the curriculum which was concordant with the information studied. The curriculum structure consisted of problems and needs, curriculum objectives and three training units : Meditation, Creation of Art, and Exercise for Health. The internal suitability and concurrence of the curriculum were evaluated by 9 specialists. It was found out that the curriculum

elements was highly suitable and concurrent. 3) to implement the curriculum in the group of 30 locomotive disadvantage persons and disabled amputees at Prapradaeng Rehabilitation Center, Samutprakan province which was a simple random sample and divided into two groups 15 persons each. Before and after the implementing of the training curriculum, the mental health of the 2 sample groups was examined. The test showed that before the curriculum implementing, the mental health of the two groups was not significantly different, but after the curriculum implementing, the mental health of the experimental group was significantly higher than that of the control group at .01 level of significance. That was, those who participated in the training curriculum had higher mental health, then 4) the training curriculum was improved in the aspect of more suitable and economical use of materials and instructional aids.

The result of this research was that the training curriculum on mental health promotion for locomotive disadvantage persons and disabled amputees was efficiently developed and could be implemented for effective result.