

## ABSTRACT

Thesis Title : The Effects of Assertive Training on Self Confidence in  
Schizophrenic Patients at Chulalongkorn Hospital

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The purpose of this research was to study the effect of assertive training on self confidence in schizophrenic patients of Chulalongkorn Hospital. Twenty schizophrenic patients treated in Chulalongkorn Hospital were divided equally into two groups experimental and control groups. The experimental groups received assertive training twice a week (1-1 1/2 hours each) for 5 weeks. The control group members did not received assertive training. The Self Confidence Scale was adapted and being used by researcher. T- test was utilized for data analysis.

The result of this research showed that schizophrenic patient in experimental group got higher score of their self confidence at.01 level of significance after receiving assertive training. And the experimental group had higher score than the control group at.01 level of confidence.