

Kanitta Chunnapart 2008: Influence of Self-Acceptance and Assertive Behavior on Wellness of Students of Rajabhat Universities in Bangkok Metropolitan. Master of Science (Community Psychology), Major Field: Community Psychology, Department of Psychology. Thesis Advisor: Mr. Theerapat Wongkumsin, Ed.D. 178 pages.

The objectives of this research were to study: 1) the level of the wellness of students of Rajabhat universities in Bangkok metropolitan, 2) the level of the self-acceptance of students of Rajabhat universities in Bangkok metropolitan, 3) the level of the assertive behavior of students of Rajabhat universities in Bangkok metropolitan, 4) personal factors, self-acceptance and assertive behavior influenced that wellness of students of Rajabhat universities in Bangkok metropolitan. The samples used in this research were 1,093 students of Rajabhat universities in Bangkok metropolitan. The data was collected by questionnaires and analyzed by a statistical package program. The statistical methods used for analysis were percentage, mean, standard deviation, and multiple regression analysis using the stepwise technique.

The results were as follows: 1) the wellness of students were at the medium level, 2) the self-acceptance of students were at the fairly high level, 3) the assertive behavior of students were at the fairly high level, and 4) the analysis of stepwise multiple regression analysis found that the self-acceptance and the assertive behavior could have influence on the wellness of students and could describe 53.90 percent of the wellness at the .001 level of significance, and the assertive behavior more influence that the wellness of students than the self-acceptance.

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Student's signature

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Thesis Advisor's signature

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