

Kiattisak Ployseekham 2009: Factors Related to the Needs of Exercise for Students in Banharnjamsaiwittaya 1 School Suphan Buri Province. Master of Arts (Physical Education), Major Field: Physical Education, Department of Physical Education. Thesis Advisor: Associate Professor Chanchai Khantisiri, M.A. 124 pages.

The objective of this proposed study is to develop methods to measure factors related to the needs of exercise for students in Banharnjamsaiwittaya 1 School Suphan Buri Province. The instrument to gather data was a questionnaire constructed by the researcher, the content validity established by five experts with a value of 0.84 and the reliability was tested by using the Cronbach method with a confidence level of 0.96. The questionnaire was sent to the 1671 sample students of Banharnjamsaiwittaya 1 School Suphan Buri Province. The data was analyzed by using a computer program to determine the percentage, mean and standard deviation.

The results of this research revealed that the highest need of students was keeping the equipment and the exercise place neatly. The students needed service for searching information about exercise from the internet. On facilities, the students needed a convenient and safe exercise place. On physical fitness test, the students needed to be provided the test results. Budgetary support was also needed from the government. The activity that boys needed most was football. In contrast, volleyball was the most needed by the girls. Finally, the students needed exercise classes on Fridays at 17.00-18.00 hrs. and if available period, 15.00-16.00 hrs. In addition, the researcher discovered that most students were keen on exercise as they were concerned about their health.

Student's signature

Thesis Advisor's signature

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