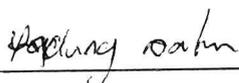


Padungsak Buranasombut 2007: Factors Related to the Needs of Exercise for the Level IV Students of Chitralada School. Master of Arts (Physical Education), Major Field: Physical Education, Department of Physical Education. Thesis Advisor: Associate Professor Boonsong Kosa, Ph.D. 136 pages.

The objective of this study was to identify the factors related to the needs of exercise for Level IV Students of Chitralada School.

The instrument to gather data was a questionnaire constructed by the researcher, the content validity established by four experts with a value of 0.84 and the reliability was tested by using the Cronbach method with a confidence level of 0.95. The questionnaire was sent to the 255 sample with a 100% retrieval rate. The data was analyzed by using a computer program to determine the percentage, mean, standard deviation.

The results of this research revealed that the highest need of students was customer services especially on responsibility and service-mindedness, followed by academic aspects. The students needed to know much more on fundamental first aid. On facilities, the students needed both hygiene and cleanliness of the rest rooms and bathrooms. On physical fitness tests, the students needed standard tools and to provide the students the test results. Budgetary support was also needed. Finally, the students needed exercise classes on Fridays at 16.00-17.00hrs and if available period, 15.00-16.00hrs. In addition, the researcher discovered that most students were keen on exercise as they are concerned about their health. The activity that the boys needed most was football. In contrast, volleyball was most needed by most of the girls.



Student's signature



Thesis Advisor's signature

