

## **ABSTRACT**

**Thesis Title** : The Effects of Group Activities on Self-Esteem of Drug Addict Youth

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**Degree Sought** : Master of Science

**Major** : Counseling Psychology

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**Advisory Committee** :

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The purpose of this study was to investigate the effects of group activities on self-esteem of drug addict youth. The target population group was 60 drug addict youth who have been participated in the detoxification program at Medical Department of Nopparatrajathanee Hospital, Ministry of Health, Bangkok, Thailand. They were requested to take the Ryden's Self-Esteem Inventory (Adult Form) translated by the researcher. The ones who gained middle or low scores from this inventory were asked for their willingness to participate in the study. Twenty of them were selected to be the research sample, and were randomly divided into the experimental and control groups, with ten subjects each. The experimental group participated in group activities, led by the researcher, three sessions per week, with the total of ten sessions, consecutively, while the control group didn't. After that, both groups were asked to take The Self-Esteem Inventory again during the last sessions and in one month later, for post test and follow-up. It was hypothesized that the experimental group who participated in

group activities would increase their self-esteem higher than the control group who did not. And there was no difference in self-esteem of the experimental group between post-test and one month follow-up. T-test was utilized for data analysis at the .05 level of significance. The results supported the hypotheses stated above.