

## ABSTRACT

**Thesis Title** : The Effects of Kelley's Assertive Training Program on Perceived Self-Efficacy and Assertive Behavior of the Disabled Workers Sustaining Disability in Consequence of Work in the Industrial Rehabilitation Centre Pathum Thani Province

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The purpose of this research was to study the effects of Kelley's Assertive Training program on perceived self-efficacy and assertive behavior of the disabled workers sustaining disability in consequence of work in The Industrial Rehabilitation Centre Pathum Thani Province. The sample was 18 volunteers who participated in the rehabilitation and vocational training stage at The Industrial Rehabilitation Centre, Pathum Thani Province Social Security Office, Ministry of Labour and Social Welfare and obtained the score below the mean on the Self-efficacy Scale and the Rathus Assertiveness Schedule. They were randomly assigned into an experimental group, and a control group, comprising 9 persons for each group. The experimental group participated in assertive training activities conducted by the researcher, for two hours, twice a week, and for the total at ten sessions. The Self-efficacy Scale developed by

Sherer et al, and the Rathus Assertiveness Schedule developed by Rathus, translated and modified by the researcher, were used to assess self-efficacy and assertive behavior of the sample. T-test was utilized for data analysis.

Results show that the experimental group increased their perceived self-efficacy as well as their assertive behavior with higher scores than the control group at .05 level of significance.