

Nattanan Jandasungnoen 2008: Essential Health Behavior for Nursing Students of Boromarajonani Nopparat Vajira College of Nursing Under Praboromarachanok Institute, Ministry of Public Health. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Mr. Thanawat Imsomboon, Dr.P.H. 112 pages.

The main purpose of this descriptive research was to study essential health behavior for nursing students of Boromarajonani Nopparat Vajira College of Nursing under Praboromarachanok Institute, Ministry of Public Health. The data were collected from 154 nursing students obtained by a multi-stage random sampling technique with questionnaire. They were analyzed for percentage, arithmetic mean, standard deviation, t-test, one-way analysis of variance and Pearson's Product Moment Correlation Coefficient.

The study results revealed that: The students had essential health behaviors consisting of physical, mental, social and spiritual at a good level. The results were shown that different classes of students had significantly different behavior for the physical at a .05 level. In addition, the correlations of physical comprising of religion, monthly expense, hometown, and ranking in family were significantly different as follows: The religion had significant correlation with the total essential health behavior at a .01 level. The monthly expense had significant correlations with physical essential health behavior were significantly different at a .05 level. Hometown had significant correlation with social and total essential health behavior at a .05 level, as well as spiritual essential health behavior at .01 level. Also the rank of birth in family had significant correlation with social essential health behavior at a .01 level. There was no significant correlation between essential health behavior and sex, age, body mass index, level education of father, level education of mother, occupation of father and occupation of mother.

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Student's signature

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Thesis Advisor's signature

