

Khemanat Yutthavisut 2011: Self-care Behaviors Among Patients with Upper Gastrointestinal Hemorrhage at Ramathibodi Hospital. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Supat Teravecharoenchai, M.Sc. 132 pages.

The purpose of this descriptive research was to study Self-care Behaviors Among Patients with Upper Gastrointestinal Hemorrhage at Ramathibodi Hospital. The samples were 140 relatives of UGIH patients with come to the endoscopic department for the treatment at Ramathibodi Hospital by purposive sampling. The research instrument was a questionnaire developed by the researcher. Data analysis was made by a statistical package for percentage, mean, standard deviation, Chi-square test and Pearson's Product Moment Correlation Coefficient.

The results were found as follows: 1) the mean score of total self-care behaviors of the subjects was at a moderate level. 2)The biological factors such as sex and medical disease related to behavioral health care for the patients.Statistically significant at level of .05. age, level of education, occupation, marital status, revenue, funding, and cause of UGIH related to behavioral health care for the patients.Statistically significant at level of .01,but a period of diagnosis and treatment does not significantly related to health care. 3) The predisposing factors, namely, knowledge, attitude and perceiving benefits of health promotion, related to behavioral health care for the patients.Statistically significant at level of .01. 4)The enabling factors, namely, the use of public health service and the policy of health promotion, related to behavioral health care for the patients.Statistically significant at level of .01. 5) The reinforcing factors, namely, social support received from people close, medical personnel and receiving information through the media from various sources is related to behavioral health care for the patients. Statistically significant at level of .01.

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Thesis Advisor's signature