Methaporn Nilangso 2006: Effects of Recreation Program on Psychosocial of Adolescences. Master of Science (Recreation), Major Field: Recreation, Department of Physical Education. Thesis Advisor: Associate Professor Alisa Nititham, M.Ed. 162 pages.

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The purpose of this quasi – experimental research was to compare the effect of recreation program on psychosocial of adolescents within the experiment group, and between the experimental group and control group. Subjects were 50 female (11-17 years old) who were under protect of Thunyaporn House. They were selected by match-pair method into 2 group of 25 each: experimental and control group

The research instruments were the assest recreation program on Psychosocial of Adolescences Evaluation Form and the recreation program which were created by the researcher. The content validity was approved by 5 experts. The Index of Congruence was 0.8-1.0. The Alpha Coefficient of reliability by using Cronbach method was 0.91. The experimental group was assigned to participant in recreation program which was designed by researcher for 8 weeks, 2 hours per week. At the meantime, the control group was attended the activity which was organized by the Thunyaporn House. Analyzed the pre and post experiment scores by using mean, standard deviation, and t-test

The findings were revealed that there were significant differences psychosocial in emotional and the psychosocial in adjustment scores of experiment group between pre and post experiment at the level of .05. Moreover the psychosocial in emotional was significant difference between the experiment and control group at .05 level

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Student's signature

Thesis Advisor's signature