

Sumate Noklang 2009: Effects of Dramatic Recreation Program on Coping with Youth Stress : A Case Study in Three Southern Border Provinces of Thailand. Master of Science (Recreation), Major Field: Recreation, Department of Physical Education. Thesis Advisor: Assistant Professor Suvimol Tangsujjapoj, Ph.D. 190 pages.

The purpose of this quasi – experimental research was to investigate the effect of dramatic recreation program on coping with stress of youth in three southern border provinces of Thailand, and to assess the satisfaction of youth to dramatic recreation program. Subjects were 30 youth (18–19 years old) both male and female, study at the faculty of Education in Prince of Songkla University, Pattani campus. They were selected by multi-stage sampling, divided into control and experimental groups, 15 for each.

Research instruments were: - 1) a self-developed dramatic recreation for coping with youth stress which the face validity was approved by 7 experts; 2) a self-designed assessment coping with stress of youth; and 3) a questionnaire was designed by researcher for evaluating youth satisfaction to the dramatic recreational program. The content validity of both questionnaires were approved by 7 experts. Both index of congruence was 0.87-1.0. The coefficient of reliability by using Cronbach method of both questionnaires were 0.82 and 0.81 respectively. Data were analyzed by using computer program package to compute frequencies, percentage, mean standard deviation and t-test.

Findings were found that: - 1) there were significant differences both in the over all and each item (problem and emotion) of coping stress between before and after experiment of the experimental group at .05 level; - 2) after the eighth week the experimental group had better elonged in coping with stress than the control group at the statistic level of .05; and - 3) the experiment group had most satisfaction to the dramatic recreation program.

Student's signature

Thesis Advisor's signature

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