

428 36538 27: MAJOR EARLY CHILDHOOD EDUCATION

KEY WORD: STATE/ PROBLEM/ FOOD AND NUTRITION SERVICE/ PRESCHOOLER/
ELEMENTARY SCHOOL

KAMONVAN LOOKSUE: THE STATE AND PROBLEMS OF PROVIDING FOOD
AND NUTRITION SERVICE TO PRESCHOOLERS IN ELEMENTARY SCHOOLS
UNDER THE BANGKOK METROPOLITAN ADMINISTRATION. THESIS ADVISOR
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The purpose of this research was to investigate the state and problems of providing food and nutrition service to preschoolers in elementary school under the Bangkok Metropolitan Administration. The sample were school administrators, food and nutrition teachers and preschool teachers. Three types of research tools consisted of a questionnaire for school administrator and teacher, an interview for food and nutrition teacher and an observation of the state of food and nutrition service.

The findings were as follows:

1. Concerning the state of food and nutrition in elementary schools, the nutrition teachers had set the menu in advance for the purposes of providing value and quality of food suitable for the children and focused highly on natural food color with services provided in forms of single plate meal and a set of combination meal. Most elementary schools reserved a specific area for kitchen and canteen, with sufficient and suitable cooking equipments under the teachers' supervision while the children were having lunch.

2. Most problems in providing food and nutrition service were found at low level. The medium level problems were the high cost of fresh and dried food, following with the repeated menu on food provision by the school and canteen's space was inadequate for the amount of children. In addition, teachers' workload was so high that there was not enough time to help provide for food and nutrition services for children.