

Kittima Teabput 2008: Effects of Engaging Leisure Program on Social Development of Senior High School Students at Phatthalung School in Phatthalung Province.

Master of Science (Recreation), Major Field : Recreation, Department of Physical Education. Thesis Advisor : Associate Professor Alisa Nititham, M.Ed. 198 pages.

The purpose of this quasi - experimental research was to study the effect of engaging leisure program on social development of senior high school students. Subjects were 60 student in grade 9 – 12 who were selected by Leisure Participation Program for Social Development Evaluation from 294 students. Samples were divided into experimental and control groups, 30 for each.

The research instruments were : - 1) leisure participation program which was desinged by the researcher, and the face validity was approved by 5 leisure experts; and 2) the leisure participation program for social development evaluation which the index of cogruence was .81-1.0; and  $\alpha$ -coefficient reliabity by Cronbach method was.91. The experiemental group was assigned to participate in the leisure participation program for 8 weeks, 3 hours a week. Meanwhile the control group was assigned to attend the activity of Phatthalung School. Data were analyzed by using mean, standard deviation, and t-test.

Findings were found that:- 1) there were significant differences between pre-post experiement of the experiemental group at the satatistical level of .05 in the items of building relationship and working with others; and 2) after the experiement, the experiemtal group got better in social development than the control group in the items of biulding relationship, communication and working with others at the satatistical level of 0.5.

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Thesis Advisor's signature

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