Nukul Chaisuriya 2007: The Effects of Eyes and Hand Co-ordination with Ball Training

on the Response Time. Master of Science (Sports Science), Major Field: Sports Science,

Interdisciplinary Graduate Program. Thesis Advisor: Associate Professor Charoen Krabuanrat,

M.Ed. 75 pages.

The purposes of this research were to study and contrast the Effects of Eye and Hand

Co-ordination with Ball Training On the Response Time. The subjects in this study consisted of

twenty fourth male badminton Training Form Assumtion University, age 18-21 years old. The

subjects were selected though purposive random sampling and then devided into two groups by

randomly assignment method, control (Badminton Training) and experimental group (Badminton

Training and Eye and Hand Co-ordination with Ball Training). Subjects were trained 3 days per

week for 8 weeks. All of the subjects were tested for Eye-Hand Response Time at the beginning of

the study and after the 2<sup>th</sup> 4<sup>th</sup> 6<sup>th</sup> and 8<sup>th</sup> week to training. Data were analyzed by using mean, standard

diviation, t-test (independent) and one-way analysis of variance with repeated measure and followed

multiple comparision test by using the Tukey's method. Results were considered significantly

difference when p<.05

The results of this study showed that after the sixth and eighth week, there was difference

between the control group and the experimental group at the .05 significance.

The results indicated that Eye and Hand Co-ordination with Ball Training was as effective

increasing the Eye-Hand Response Time. The finding will be useful for the applied training to

improve the in athletes as well.

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Thesis Advisor's signature

Charcen Krabuanra 18 105 12007