

Rawipas Suwanpat 2011: Factors Promoting Exercising Behavior of Secondary Level Student at Suankularb Wittayalai School, Phra Nakorn District, Bangkok Metropolis. Master of Arts (Physical Education), Major Field: Physical Education, Department of Physical Education. Thesis Advisor: Associate Professor Vibool Jalanant, Ph.D. 114 pages.

This research aimed to study the factors affecting the healthy exercising behavior of students studying in the secondary level at Suankularb Wittayalai School, Phra Nakorn District, Bangkok Metropolis. The research instrument used in the data collection was questionnaire. Determine the precise content analysis. 5 people have expert precision 0.86 and determine the reliability correlation coefficients by means of Cronbach left that the reliability of the 0.90. The population of this study comprised 3,739 students studying in Secondary Level at Suankularb Wittayalai School, Phra Nakorn District, Bangkok Metropolis but questionnaires were returned edition of 3666, representing 98.04 percent. While the statistics exploited for the data analysis included percentage, mean, standard deviation, correlation analysis between internal and external factors and exercising behavior of students. The collected data were analyzed by the Pearson Product Moment Correlation Coefficient. The research findings were as follows:

Internal Factors: The factors of knowledge, attitude and sport skills were related to the exercising behavior of the secondary students with the statistical significance of 0.05
External Factors: The factors related to the exercising places and facilities, economic factors and social factors were related to the exercising behavior of the secondary students at the statistical significance of 0.05

Student's signature

Thesis Advisor's signature