

Benjaporn Somsopon 2007: Factors Influencing Mental Health: A Case Study of Officers and Employees of Mueang Kanchanaburi Municipality. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Supat Teravecharoenchai, M.Sc. 141 pages.

The objectives of this study were to describe mental health status of municipality officers and employees at Kanchanaburi Municipality, and to study factors which affected their mental health status such as socio-demographics, opinion towards job motivation, hygiene, and social support. The study was conducted at the Kanchanaburi Municipality between April and December 2006. Three hundred twenty five municipality officers and employees at Kanchanaburi Municipality were recruited for the study. Data were collected by a questionnaire. Mental health status and characteristics were analyzed with computer program. Descriptive statistics used in the analysis included frequency distribution, means, standard deviations, one-way ANOVA and unpaired t-test. The p-value used for significance test is .05.

The results showed that almost all municipality officers and employees had normal mental health (92%). Of 325 participants, municipality officers and employees (8%) had psychological distress. Most of participants were male (61.8%), with the mean age of 38.0 years (range 20-30 years), married (60.3%), bachelor degree (34.0%), working duration less than 10 years (59.1%). The mean income of participants was 10,590.86 Baht per month. Overall participants' opinions toward job motivation factors and hygiene factors were at a moderate level although social support factors were in high level particularly those who were an important person for family with love and care from family member were the best of social support. In conclusion, the influencing factors of mental health status were hygiene factors and personal characteristic factors such as their organization, position and income at a .05 significance level.

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