Sutan Soonthornsavee 2012: Factors Affecting Exercise Behaviors for Health Among the Village Health Volunteers in Samut Songkhram Province. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Supat Teravecharoenchai, M.Sc. 127 pages.

The purpose of this discriptive research was to study factors affecting exercise for health behaviors among the Village Health Volunteers in Samut Songkhram Province**.** The sample were 340 the Village Health Volunteers in Samut Songkhram province. Obtained from Stratified random sampling. Data were collected by the questionnaire developed by the researcher and analyzed by computer program for percentage, mean, Standard deviation, Chi-square, Pearson's Product Moment Correlation Coefficient and Stepwise Multiple Regression.

The results showed that the bio-social factors that had significant relationship at .05 level with exercise behaviors of the Village Health Volunteers in Samut Songkhram province were two factors namely the duration of work and health status. The other studied variables had no significant relationship. Predisposing factors which had significant relationship at the levels of .01 and .05 with exercise behaviors of the Village Health Volunteers in Samut Songkhram Province were knowledge, attitude, and perceived health status, Enabling factors had significant relationship of the levels of .05 with exercise for health behaviors of the Village Health Volunteers in Samut Songkhram Province. Reinforcing factors that had significant relationship at the levels of .05 with exercise behaviors of the Village Health Volunteers in Samut Songkhram Province. The most powerful predictive variable was perceived reinforcing factors joint predictive variables were perceived health status and Reinforcing factors, all of which could jointly predict 28.30 percent of the exercise behaviors for health of the Village Health Volunteers in Samut Songkhram province.

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