

Sangwan Mailert, Captain 2012: Factors Affecting Health Promotion Behaviors Concerning Food Consumption among Surgical Unit Nursing Staffs in Phramongkutklo Hospital. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Supat Teravecharoenchai, M.Sc. 125 pages.

The purpose of this research was to study factors affecting health promotion behaviors concerning food consumption among Surgical Unit Nursing Staffs in Phramongkutklo Hospital. The populations of this study were 209 surgical unit nursing staffs in Phramongkutklo Hospital. The questionnaire developed by the researcher was used for data collection. The data analysis was made by statistical computer program for frequency, percentage, mean, standard deviation, Pearson's Product Moment Correlation Coefficient and multiple regression analysis.

The results were as follows: The level of health promotion behaviors concerning food consumption among Surgical Unit Nursing Staffs in Phramongkutklo Hospital was medium level. The bio-social factors were not significantly correlation with health promotion behaviors concerning food consumption among surgical unit nursing staffs ( $p=.01$ ). While predisposing factors which consist of attitude toward food consumption and the perceiving of concerning food consumption. In which enabling factors which consist of the perceiving of policy concerning food consumption among surgical unit nursing staffs ( $p=.01$ ). The reinforcing factors which consist of social support were significantly correlation with health promotion behaviors concerning food consumption among surgical unit nursing staffs ( $p=.05$ ). In conclusion, the variables which could predict the health promotion behaviors concerning food consumption among surgical unit nursing staffs were attitude toward food consumption, income, the perceiving of policy concerning food consumption and work characteristics. These four determined factors were able to jointly predict health promotion behaviors concerning food consumption among surgical unit nursing staffs for 16.9 %.

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