

Kanchana Phinyoying 2006: Factors Affecting Health Promoting Behaviors of Nursing Students in Kuakarun College of Nursing. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Assistant Professor Somsak Tinkhatee, M.S. 134 pages. ISBN 974-16-1606-6

The objectives of this descriptive research were to study factors affecting health promoting behaviors of nursing students in Kuakarun College of nursing. Two hundred and twenty two students were selected by stratified random sampling. The instrument used for data collection was the questionnaire developed by the researcher. The data were analyzed for percentage, mean, standard deviation, Chi-square test, Pearson's Product Moment Correlation Coefficient and Multiple Regression Analysis.

The results of this study were as follows: The biosocial factors had no significant relationship with behavior of nursing students in Kuakarun College of Nursing. Predisposing factors namely attitude towards health promotion had significant relationship with behavior of nursing students in Kuakarun College of Nursing at a statistical significance level of .01. While enabling factors had significant relationship with behavior of nursing students in Kuakarun College of Nursing at a statistical significance level of .01. Reinforcing factors had significant relationship with behavior of nursing students in Kuakarun College of Nursing at a statistical significance level of .01. Where as the variables that could best jointly predict their health promotion behaviors were value, attitudes and Enabling factors. These factors could predict health promotion behaviors for 14.10 percent of the cases. The best predicting factor was attitude towards health promotion, which was able to predict health promotion behaviors for 10.10 percent.

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