

Chalerm Sri Kaewsri, Major 2006: Factors Related to Self-Care Behaviors of Postpartum Women in Phramongkutklao Hospital. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Alisa Nititham, M.Ed. 114 pages.

The purpose of this survey research was to study factors relating to self-care behaviors of postpartum women in Phramongkutklao Hospital. The sample were 120 personnel of postpartum women who attended postpartum clinic at Phramongkutklao Hospital. The research instrument was the questionnaire constructed by the researcher. The collected data were analyzed by using Percentage, Mean, Standard Deviation and Pearson's Product Moment Correlation Coefficient.

The result were as follows : The self-care behaviors of postpartum women in Phramongkutklao Hospital were at a moderate level. The predisposing factors namely, knowledge and complication postpartum, attitude, perceived benefit of self-care postpartum had relationship with self-care behaviors of postpartum women with statistical significance level of 0.01. The enabling factors namely, resources for support self-care of postpartum women, received of comfortable services had relationship with self-care behaviors of postpartum women with statistical significance level of 0.01. The reinforcing factors namely, receiving of support from husband, family and also cousin and suggestion from medical personnel had relationship with self-care behaviors of postpartum women with statistical significance level of 0.01.

Chalerm Sri Kaewsri

Student's signature

Alisa Nititham

Thesis advisor's signature

27 / 12 / 2006