

Thapanut Intharasaree 2009: Factors Relating to Health Behaviors According to National Health Recommendation of the Public Health Volunteers in Mueang Nonthaburi Municipality. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Alisa Nititham, M.Ed. 95 pages.

The purpose of this descriptive research was to study the factors relating to health behaviors according to national health recommendation of the public health volunteers in Mueang Nonthaburi municipality. The sample were 286 public health volunteers in Mueang Nonthaburi municipality. The research instrument was a questionnaire developed by the researcher. Data analysis was made by a statistical package for percentage, mean, standard deviation and Pearson's product moment correlation coefficient.

The major findings were as follows: the health behaviors according to national health recommendation of the public health volunteers in Mueang Nonthaburi municipality was at moderate level. Enabling factors, namely, equipment was positively related to health behaviors according to national health recommendation with a statistical significance level of .05. Reinforcing factors, namely, social support and communication was positively related to health behaviors according to national health recommendation with a statistical significance level of .01.

Student's signature

Thesis Advisor's signature

____ / ____ / ____