

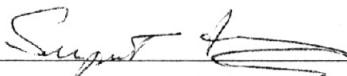
Nuntanee Lippanone 2007: Factors Relating to Exercise Behavior of Matthayomsuksa 1 the Student at Anurajaprasit School, Nonthaburi Province. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Supat Teravecharoenchai, M.Sc. 99 pages.

The objective of this survey research was determine factors Relating to Exercise Behavior of Matthayomsuksa 1 the Student at Anurajaprasit School, Nonthaburi Province. Population were 225 Matthayomsuksa 1 the Student at Anurajaprasit School. Data were collected by the instrument developed by a researcher. Data analysis was made by statistical computer package for percentage, mean standard deviation, and Pearson's Product Moment Correlation Coefficient.

The results of this investigation were as follows: Exercise Behavior of Matthayomsuksa 1 the Student at Anurajaprasit School, Nonthaburi Province was at moderate level. Predisposing factors namely, knowled and attitude had statistic significant relation with exercise behavior of Matthayomsuksa 1 students at a .01 level. Enabling factors namely, the convenience and policies on exercise promotion of school had relation with exercise behavior of Matthayomsuksa 1 students at a .01 level. Reinforcing factors namely, the social support and receiving information message on exercise promotion had statistically significant relation with exercise behavior of Matthayomsuksa 1 the student at a .01 level.



Student's signature



Thesis Advisor's signature

