

Sujittra Sootsukon, Flg. Off. 2010: Factors Relating Hypertension Protective Health Behavior of Out Patients Seeking Care at Bhumibol Adulyadej Hospital. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Supat Teravecharoenchai, M.Sc. 117 pages.

The purpose of this descriptive research was to study factors relating to hypertension protective health behavior of outpatients seeking care at Bhumibol Adulyadej Hospital. Sample was consisted of 370 purposively chosen registered hypertensive outpatients. Data were collected by the questionnaires constructed by the researcher. Data were analyzed by computer program for percentage, mean, standard deviation, Chi-square, Contingency Coefficient, Spearman's Rank Order Correlation and Pearson's Product Moment Correlation Coefficient.

The research results were as follows:

1. Hypertension protective health behavior of outpatients seeking care at Bhumibol Adulyadej Hospital were at a moderate level.
2. The biosocial factors namely occupation; income of family per month; and blood pressure were significantly correlated with hypertension protective health behavior of outpatients seeking care at Bhumibol Adulyadej Hospital
3. The predisposing factors namely knowledge; attitude and perception were significantly correlated with hypertension protective health behavior of outpatients seeking care at Bhumibol Adulyadej Hospital
4. The enabling factors namely the ability to measure blood pressure; duration of illness and illness experiences and access to health services system were significantly correlated with hypertension protective health behavior of outpatients seeking care at Bhumibol Adulyadej Hospital
5. The reinforcing factors namely the receiving advise from close person; the receiving advise from medical personnel and the receiving information concerning hypertension disease had significant relationship with hypertension protective health behavior of outpatients seeking care at Bhumibol Adulyadej Hospital

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