

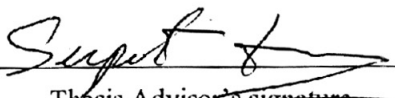
Somsiri Thunyasiri, Capt. 2006: Factors Relating to Self- healthcare Behavior of Personnel in The Army Post Engineer Department, Bangkok. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Supat Teravecharoenchai, M.Sc. 137 pages. ISBN 974-16-1727-5

The purpose of this survey research was to identify the factor that had the affect on self- healthcare behavior of personnel in The Army Post Engineer Department . The study sample group were 248 individuals obtained by stratified random sampling. The questionnaire developed by the researcher was used for data collection. Static program was used for the analysis of mean, standard deviation, Chi – square test, and Pearson 's Product Moment Correlation Coefficient. Stepwise multiple regression was also employed to analyze self - healthcare behaviors predicting variables.

The results were as follows: The self - healthcare behavior of the personnel in The Army Post Engineer Department was unsatisfactory. The Bio-social factor having correlation with self - healthcare behavior was educational level at the 0.05 significance level. The Predisposing factors having positive correlation with self - healthcare behavior were knowledge and attitude towards self - healthcare. While enabling factor which had positive correlation with self - healthcare behavior was the environmental condition in The Army Post Engineer Department, but the policy and the projects of the Post Engineer Department had negative correlation. The reinforcing factors which had positive correlation with self-health care behavior were the sources of information about self- healthcare and social support. The variables which could best predict the self - healthcare behavior of the personnel in The Army Post Engineer Department were social support, knowledge and attitude. These three factors could jointly predict self - healthcare for 22.4 percent.

Somsiri Thunyasiri

Student's signature



Thesis Advisor's signature

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