

EFFECT OF TCM-199 AND SYNTHETIC OVIDUCTAL FLUID (SOF) MEDIUM AND  
CYSTEAMINE SUPPLEMENTATION TO *IN VITRO* MATURATION MEDIA ON  
MATURATION, CLEAVAGE RATE AND SUBSEQUENT EMBRYONIC  
DEVELOPMENT OF BUFFALO OOCYTES

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**ABSTRACT**

The present study has been undertaken to study the effect of TCM-199 and synthetic oviductal fluid (SOF) medium and the influence of cysteamine (100  $\mu$ M) supplementation to IVM medium on maturation, cleavage and subsequent embryonic development of buffalo oocytes. In the present study it was observed that buffalo oocytes showed no significant variation in the percent of cumulus cell expansion when matured in TCM-199 and SOF media. The mean percent of cleavage rate and subsequent development to morula in buffalo oocytes matured in TCM-199 and SOF media were  $28.06 \pm 2.19$ ,  $10.20 \pm 0.91$  and  $28.99 \pm 0.66$ ,  $10.65 \pm 0.40$ , respectively. There was no significant difference with regard to cleavage rate and subsequent development to morula when buffalo oocytes were matured in TCM-199 and SOF media.

The percentage of oocytes that developed to morulae was significantly higher for oocytes matured in TCM-199 medium containing cysteamine ( $14.56 \pm 1.06$  vs  $10.20 \pm 0.91$ ) and in SOF medium supplemented with 100  $\mu$ M of cysteamine ( $13.97 \pm 0.80$  vs  $10.65 \pm 0.40$ ) compared to their respective controls whereas the cysteamine supplementation to the IVM (TCM-199) medium of buffalo oocytes insignificantly increased the cleavage rate when compared with control ( $33.54 \pm 1.54$  vs  $28.06$

$\pm 2.19$ ) and subsequent development of cleaved embryos to the morula stage ( $43.40 \pm 2.48$  vs  $36.36 \pm 1.65$ ). The cysteamine supplementation to the SOF as IVM medium of buffalo oocytes also insignificantly increased the cleavage rate when compared with control ( $33.09 \pm 1.08$  vs  $28.99 \pm 0.66$ ) and subsequent development of embryos to the morula stage ( $42.22 \pm 3.12$  vs  $36.73 \pm 1.12$ ).

Even though the effect of cysteamine supplementation to IVM was insignificantly higher with regard to cleavage rate and development of early embryos to morulae, the percentage of oocytes that developed to morulae was significantly higher for oocytes matured in TCM-199 medium containing cysteamine ( $14.56 \pm 1.06$  vs  $10.20 \pm 0.91$ ) and in SOF medium supplemented with 100  $\mu$ M of cysteamine ( $13.97 \pm 0.80$  vs  $10.65 \pm 0.40$ ) compared to their respective controls, which could be attributed to cumulative effect (positive influence) of cysteamine on both the fertilization process and early embryonic development.

The beneficial effect of cysteamine on embryo development might be mediated by an increase in glutathione (GSH) synthesis. Increased oxidative stress appears to be a major factor impairing *in vitro* mammalian embryo development. The oocytes and embryos of buffaloes are more sensitive to oxidative stress because of their higher lipid content which may be a cause of (species-specific) developmental block to embryo development. The effect of

oxidative stress could be attenuated by efficient antioxidants such as GSH which scavenge reactive oxygen species (ROS). Embryos are capable of synthesizing GSH after the activation of the embryonic genome and the eight-cell block may be correlated to low intracytoplasmic concentration of GSH. Adequate amounts of GSH need to be synthesized during *in vitro* maturation of oocytes in order to support development up to the stage at which embryos acquire the biosynthetic ability.

**Keywords:** buffaloes, *Bubalus bubalis*, oocytes, TCM-199, synthetic oviductal fluid, SOF, embryonic development

## INTRODUCTION

Oocyte maturation can be defined as those events associated with the initiation of germinal vesicle breakdown (GVBD) and completion of first meiotic division (Leibfried-Rutledge *et al.*, 1987). Maturation allows the oocyte to express its developmental potential after fertilization and is not merely confined to nuclear events or the ability to be fertilized (Gordon, 2003). The developmental competence of *in vitro* matured oocytes was significantly lower compared to oocytes matured *in vivo*, even though the nuclear maturation rates were similar, due to inappropriate maturation. Therefore maturation media have been supplemented with hormones (Salustri *et al.*, 1989), serum (Totey *et al.*, 1993), growth factors (Lonergan *et al.*, 1996) etc. in order to improve the *in vitro* developmental competence of oocytes.

## MATERIALS AND METHODS

The components of various media and consumables used in these experiments were purchased from Sigma Chemical Co. (St. Louis, MO, USA) and Nunclon, Denmark, respectively unless and otherwise indicated. All the reagents were of cell culture grade. Milli Q water was autoclave sterilized and used for preparation of different media.

Ovaries from sexually mature buffaloes (*Bubalus bubalis*) were collected irrespective of age, body condition, stage of oestrous cycle and season from Chennai Corporation abattoir and utilized in this study. The ovaries were removed within 30 minutes of slaughter and washed in phosphate buffered saline (PBS) supplemented with 50 µg/ml gentamicin sulphate to remove blood and extraneous material. The washed ovaries were transported at 37°C in a thermos flask in the same media to the laboratory within 30 minutes. The extra-ovarian tissues were trimmed off and the ovaries were washed three times with tap water and five times with PBS to remove blood clots and superficial bacterial contamination. The washed ovaries were kept in a sterile beaker containing PBS supplemented with 50 µg/ml gentamycin until oocyte retrieval. Oocytes were screened under a stereozoom microscope at 10X magnification, washed thrice in 35 mm Petri dishes and graded based on their cumulus mass investment and homogeneity of ooplasm as described by Nandi *et al.* (1998).

## IN VITRO MATURATION (IVM) OF OOCYTES

The oocytes were cultured *in vitro* either in synthetic oviductal fluid (SOF) medium or in TCM-

199 supplemented with 10 percent fetal bovine serum (FBS), 100 µM cysteamine, 1.0 µg/ml follicle stimulating hormone (FSH), 0.02 µg/ml luteinizing hormone (LH), 1 µg/ml 17-β estradiol and 50 µg/ml gentamycin. IVM droplets of 100 µl were made, overlaid with sterile mineral oil and equilibrated for 2 h in a CO<sub>2</sub> incubator at 38.5°C and 5 percent CO<sub>2</sub>. Only culture grade ('A' and 'B') grade COCs were used for IVM. The COCs were rinsed three times in maturation medium and were transferred to 100 µl of IVM droplets (15 - 20 COCs per droplet). The oocytes were allowed to mature in these droplets at 38.5°C in an atmosphere of 5 percent CO<sub>2</sub> in air for 24 h in a CO<sub>2</sub> incubator.

The maturation of oocytes was assessed based on the expansion of the cumulus mass. The degree of cumulus expansion was assessed by the morphology of the cumulus mass at the end point of *in vitro* maturation as described by Kobayashi *et al.* (1994) and Ravindranatha *et al.* (2002). Oocytes with cumulus expansion of degree 1 and 2 were considered matured. The maturation rate was expressed as percentage of the total number cultured.

Following fertilization (day 0) in BO medium (Brackett and Oliphant, 1975), oocytes were rinsed with TCM-199 and cultured for 10 days in embryo culture medium (TCM-199 with buffalo oviductal epithelial cell (BOEC) clusters) at 38.5°C in an atmosphere of 5 percent CO<sub>2</sub>. During the course of culture, half of the embryo culture medium was replaced with fresh embryo culture medium every

48 h.

## RESULTS

The percentages of buffalo oocytes that showed cumulus cell expansion in TCM-199 and SOF IVM media are presented in Table 1. Only culture-grade oocytes were used for IVM and the maturation rate was assessed based on the cumulus expansion. Out of 317 oocytes cultured in TCM-199, 292 oocytes showed cumulus expansion with a mean of  $92.11 \pm 0.60$  percent. In SOF IVM medium, out of 296 oocytes cultured, 271 oocytes showed cumulus expansion with a mean of  $91.55 \pm 0.93$  percent. There was no significant ( $P>0.05$ ) difference between TCM-199 and SOF IVM media with regard to cumulus cell expansion when the COCs were matured *in vitro*. The mean percent of cleavage rate and subsequent development to morulae in buffalo oocytes matured in TCM-199 and SOF media are presented in Table 2. The mean percent of cleavage rate and subsequent development to morulae in buffalo oocytes matured in TCM-199 and SOF media were  $28.06 \pm 2.19$ ,  $10.20 \pm 0.91$  and  $28.99 \pm 0.66$ ,  $10.65 \pm 0.40$ , respectively. There was no significant difference with regard to cleavage rate and subsequent development to morula when buffalo oocytes were matured in TCM-199 and SOF media

Effect of cysteamine supplementation 100

Table 1. Maturation rates of buffalo oocytes cultured in TCM-199 and SOF media.

IVM medium	No. of oocytes cultured	No. of cumulus expanded oocytes	Maturation rate Mean $\pm$ SE	't' value (for arcsine radianse)
TCM - 199	317	292	$92.11 \pm 0.60$	0.079 <sup>NS</sup>
SOF	296	271	$91.55 \pm 0.93$	0.079 <sup>NS</sup>

NS- Not significant ( $P>0.05$ ).

Table 2. Effect of cysteamine and different maturation media on fertilization and subsequent embryonic development of buffalo oocytes (mean  $\pm$  SE).

Treatment (No. of oocytes)	Cleavage		Morulae		Blastocysts		
	(n)	% of oocytes	(n)	% of oocytes	(n)	% of oocytes	% of 2-cell embryos
TCM-199 Control (196)	55.00 $\pm$ 0.98	28.06 <sup>a</sup> $\pm$ 2.19	20.00 $\pm$ 0.38	10.20 <sup>a</sup> $\pm$ 0.91	6.00 $\pm$ 0.24	3.06 <sup>a</sup> $\pm$ 0.66	10.91 <sup>a</sup> $\pm$ 2.07
SOF Control (169)	49.00 $\pm$ 0.86	28.99 <sup>a</sup> $\pm$ 0.66	18.00 $\pm$ 0.33	10.65 <sup>a</sup> $\pm$ 0.40	5.00 $\pm$ 0.15	2.96 <sup>a</sup> $\pm$ 0.71	10.20 <sup>a</sup> $\pm$ 2.57
TCM-199 with cysteamine (158)	53.00 $\pm$ 0.64	33.54 <sup>a</sup> $\pm$ 1.54	23.00 $\pm$ 0.37	14.56 <sup>b</sup> $\pm$ 1.06	7.00 $\pm$ 0.28	4.43 <sup>a</sup> $\pm$ 1.02	13.21 <sup>a</sup> $\pm$ 2.74
SOF with cysteamine (136)	45.00 $\pm$ 0.39	33.09 <sup>a</sup> $\pm$ 1.08	19.00 $\pm$ 0.28	13.97 <sup>b</sup> $\pm$ 0.80	5.00 $\pm$ 0.28	3.68 <sup>a</sup> $\pm$ 1.22	11.11 <sup>a</sup> $\pm$ 4.03

Values within the column with different superscripts differ significantly ( $P < 0.05$ ).

$\mu\text{M}$  on cleavage was presented in Table 2. The percentage of oocytes that developed to morula was significantly higher for oocytes matured in TCM-199 medium containing cysteamine ( $14.56 \pm 1.06$  vs  $10.20 \pm 0.91$ ) and in SOF medium supplemented 100  $\mu\text{M}$  of cysteamine ( $13.97 \pm 0.80$  vs  $10.65 \pm 0.40$ ) compared to their respective controls where as insignificantly higher percentage of cleavage rate and subsequent development of those early embryos to morula were recorded in TCM-199 medium supplemented with 100  $\mu\text{M}$  of Cysteamine ( $33.54 \% \pm 1.54$  and  $43.40 \% \pm 2.48$  respectively) and in SOF medium supplemented 100  $\mu\text{M}$  of cysteamine ( $33.09 \% \pm 1.08$  and  $42.22 \% \pm 3.12$ ) when compared to TCM -199 ( $28.06 \% \pm 2.19$  and  $36.36 \% \pm 1.65$ ) and SOF ( $28.99 \% \pm 0.66$  and  $36.73 \% \pm 1.12$ ) controls respectively.

## DISCUSSION

In the present study it was observed that buffalo oocytes showed no significant variation in the percent of cumulus cell expansion when matured in TCM-199 and SOF media. Earlier report (Totey *et al.*, 1992) suggested that a significantly higher percent of buffalo oocytes maturation in TCM-199 medium when compared to SOF medium.

The mean percent of cleavage rate and subsequent development to morula in buffalo oocytes matured in TCM-199 and SOF media were  $28.06 \pm 2.19$ ,  $10.20 \pm 0.91$  and  $28.99 \pm 0.66$ ,  $10.65 \pm 0.40$  respectively. There was no significant difference with regard to cleavage rate and subsequent development to morula when buffalo oocytes were matured in TCM-199 and SOF media.

The percentage of oocytes that developed to morulae was significantly higher for oocytes

matured in TCM-199 medium containing cysteamine ( $14.56 \pm 1.06$  vs  $10.20 \pm 0.91$ ) and in SOF medium supplemented with 100  $\mu\text{M}$  of cysteamine ( $13.97 \pm 0.80$  vs  $10.65 \pm 0.40$ ) compared to their respective controls whereas the cysteamine supplementation to the IVM (TCM-199) medium of buffalo oocytes insignificantly increased the cleavage rate when compared with control ( $33.54 \pm 1.54$  vs  $28.06 \pm 2.19$ ) and subsequent development of embryos to the morula stage ( $43.40 \pm 2.48$  vs  $36.36 \pm 1.65$ ). The cysteamine supplementation to the SOF as IVM medium of buffalo oocytes also insignificantly increased the cleavage rate when compared with control ( $33.09 \pm 1.08$  vs  $28.99 \pm 0.66$ ) and subsequent development of embryos to the morula stage ( $42.22 \pm 3.12$  vs  $36.73 \pm 1.12$ ).

With regard to cleavage rate this finding was contrary to Kundu (2003) but in accordance with the findings of Gasparrini *et al.* (2000 and 2003), who observed no significant effect of cysteamine on maturation and cleavage rate of buffalo oocytes even though the percent of embryos developed to the compact morula and blastocyst stage was significantly ( $P < 0.05$ ) higher for buffalo oocytes matured in medium supplemented with cysteamine. Even though the effect of cysteamine supplementation to IVM was insignificantly higher with regard to cleavage rate and development of early embryos to morulae, the percentage of oocytes that developed to morulae was significantly higher for oocytes matured in TCM-199 medium containing cysteamine ( $14.56 \pm 1.06$  vs  $10.20 \pm 0.91$ ) and in SOF medium supplemented with 100  $\mu\text{M}$  of cysteamine ( $13.97 \pm 0.80$  vs  $10.65 \pm 0.40$ ) compared to their respective controls, which could be attributed to cumulative effect (positive influence) of cysteamine on both the fertilization process and early embryonic development.

Increased oxidative stress appears to be a major factor impairing *in vitro* mammalian embryo

development. The oocytes and embryos of buffaloes are more sensitive to oxidative stress because of their higher lipid content which may be a cause of (species-specific) developmental block to embryo development. The effect of oxidative stress could be attenuated by efficient antioxidants such as glutathione (GSH) which scavenge reactive oxygen species (ROS). Embryos are capable of synthesizing GSH after the activation of the embryonic genome and the eight-cell block may be correlated to low intracytoplasmic concentration of GSH. Adequate amounts of GSH need to be synthesized during *in vitro* maturation of oocytes in order to support development up to the stage at which embryos acquire the biosynthetic ability. GSH also plays an important role during fertilization by contributing to the decondensation of the male pronucleus (Yoshida *et al.*, 1993).

The beneficial effect of cysteamine on embryo development might be mediated by an increase in GSH synthesis (de Matos *et al.*, 1997; Gasparri *et al.*, 2000). GSH biosynthesis depended on the availability of cysteine in the extracellular environment. Cysteamine, by reducing cystine to cysteine, elevated the levels of cysteine in the extracellular environment and thereby promoted cysteine uptake and GSH biosynthesis (Gasparri *et al.*, 2003).

The cysteamine supplementation to the medium used for *in vitro* maturation of buffalo oocytes increased glutathione synthesis in the oocyte which participated in sperm decondensation in parallel to oocyte activation and in the transformation of the fertilizing sperm head into the male pronucleus. Cysteamine supplementation might also improve subsequent embryonic development to the morula/blastocyst stage by protecting cells of early embryos from oxidative stress, promoting amino acid transport, DNA and protein synthesis and reduction

of disulphides (Yoshida *et al.*, 1993; Lafleur *et al.*, 1994 and de Matos *et al.*, 1997).

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